Sharing your health information

If you would like some help reading this leaflet, then please ask someone to read it with you.

You talk to lots of different people about your health.

- You talk to doctors
- You talk to Nurses
- You talk to people in the learning disability team
These people write down what you tell us, because this is very important information.

They write down where you live, and when your birthday is.

They write down how you are feeling, or what medicine you take.
Where they write this down is called your **health information**.

Sometimes your **health information** is on a computer.

Sometimes your **health information** is in a folder.

Your **health information** is private. Your **health information** is kept secure. From 2018 there are new laws to make sure we keep your health information **private** and **secure**. This is called **GDPR**.
The people who help you might need to look at your health information.

We will always ask you before we show your health information to other people who you might not know.

If you want to talk to someone about this, then please call the learning disabilities team:

Hollyfield House
Learning disabilities services:
0208 339 8005